

Monday

WHAT MAKES A PLATE 2
FIVE COMPONENTS WILL BE OFFERED!
STUDENTS MUST CHOOSE AT LEAST THREE ITEMS
ONE OF THOSE ITEMS MUST BE A FRUIT OR A VEGETABLE

9
BREAKFAST SANDWICH OR CEREAL
PEARS, JUICE AND MILK
PEPPERONI PIZZA
TOSS SALAD
WATER MELON
MILK

16
YOGURT / GRANOLA OR CEREAL
BERRIES, JUICE AND MILK
CORN DOG
GREEN BEANS
PEACH CUP
COOKIE
MILK

23
BISCUIT AND GRAVY OR CEREAL
PEARS, JUICE AND MILK
CHICKEN CAESAR WRAP
PRETZEL
CARROTS AND CELERY STICKS
STRAWBERRIES
MILK

30
EGG OMLET / TOAST OR CEREAL
PINEAPPLE AND MANDARIN ORANGE
JUICE AND MILK
ORANGE CHICKEN
RICE / EGG ROLL
ORIENTAL VEGETABLES
BANANA AND MILK

Tuesday

3
PANCAKE ON A STICK OR CEREAL
PEACHES, JUICE AND MILK
CHEESE/HAMBURGER
CRINKLE FRIES
LETTUCE, TOMATO, AND PICKLE
APPLE
MILK

10
BAGEL / CREAM CHESE OR CEREAL
BLUEBERRIES, JUICE AND MILK
HOT DOG
POTATO SALAD
BAKED BEANS
MANDARIN ORANGES
MILK

17
SCRAMBLE EGGS / TOAST OR CEREAL
APPLE, JUICE AND MILK
POPCORN CHICKEN
MASHED POTATO/GRAVY
ROLL
CORN
KIWI AND MILK

24
PANCAKE OR CEREAL
PINEAPPLE, JUICE AND MILK
HOT HAM AND CHEESE SANDWICH
BROCCOLI
APPLE CRISP
GOLD FISH CRACKER
MILK

Wednesday

4
BISCUIT AND JELLY/ HONEY OR CEREAL
MIXED FRUIT, JUICE AND MILK
CHEESE TAQUITOS
REFRIED BEANS
SPANISH RICE
STRAWBERRIES
MILK

11
MUFFIN / CHEESE STICK OR CEREAL
BANANA, JUICE AND MILK
PASTA WITH MEAT SAUCE
BREAD STICK
SPINACH SALAD
APRICOTS
MILK

18
BREAKFAST BAR OR CEREAL
MIXED FRUIT, JUICE AND MILK
BBQ RIB SANDWICH
BAKED BEANS
GRAPES
MILK

25
FRENCH TOAST OR CEREAL
GRAPES, JUICE AND MILK
BEEF ENCHILADA BAKE
BLACK BEAN SALSA
MIXED FRUIT
MILK

Thursday

5
FRENCH TOAST OR CEREAL
APPLE SAUCE, JUICE AND MILK
CHICKEN NUGGETS / BISCUIT AND HONEY
TATOR TOTS
CARROTS
FRUIT SALAD AND MILK

12
HASH BROWN PATTY OR CEREAL
GRAPES, JUICE AND MILK
TURKEY SANDWICH
SUNCHIPS
BABY CARROTS
LETTUCE, TOMATO
ORANGE SLICES AND MILK

19
CINNAMON ROLL OR CEREAL
PEACHES, JUICE AND MILK
BEAN AND RICE BURRITO
MEXI CORN
SALSA
MANDARIN ORANGES
MILK

26
BREAKFAST PIZZA OR CEREAL
APPLE SAUCE, JUICE AND MILK
COUNTRY FRIED STEAK
MASHED POTATO / GRAVY
PEAS
PEAR
MILK

Friday

[Enter Menu Items] **6**

[Enter Menu Items] **13**

[Enter Menu Items] **20**

[Enter Menu Items] **27**

