

## “Novel Coronavirus 2019 (COVID-19) Preparedness

The Cripple Creek-Victor School District is closely monitoring information related to the novel coronavirus 2019, which is commonly referred to as COVID-19. At the present time, there are no known cases of COVID-19 in Colorado and only a limited number of cases within the United States. Despite this, the District is proactively working to be prepared should cases of COVID-19 emerge in Colorado and, more specifically, Teller County.

The United States Centers for Disease Control and Prevention (CDC) has indicated that the virus that causes COVID-19 is spreading from person-to-person in a manner similar to the viruses that cause the common cold and influenza. This means that the best way to prevent infection is to avoid being exposed to the virus. The CDC recommends the following everyday preventive actions to help prevent the spread of respiratory diseases, including COVID-19:

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

As is the case with any illness, the District – in following the guidance of the CDC – requests that parents/guardians keep any children home who are demonstrating signs of illness. Symptoms of COVID-19 include fever, cough, and shortness of breath. Additionally, it is recommended that you contact your child's healthcare provider for additional guidance.

The District maintains a facility maintenance plan that includes routine cleaning and disinfecting of school surfaces. Despite this, students are still encouraged to follow the CDC's preventative actions listed above.

In the event that COVID-19 reaches Teller County, the District will work closely with Teller County Public Health & Environment to respond in a manner that is respectful to the individual rights of our students and families, including the right to confidentiality, while also working to prevent the spread of illness in accordance with applicable law and administrative rules. This may include

temporarily limiting the attendance of students with a communicable disease at school and school activities.

Please remind your children to practice the everyday preventative measures that are described above, and encourage their practice by doing the same.

For additional information about COVID-19, please visit: <https://www.cdc.gov/coronavirus/>"

Penrose St.-Francis Primary Care Cripple Creek located at the Cripple Creek-Victor Mountain Health Center (CCV MHC) is here to serve all of your health needs. This clinic is attached to Cresson Elementary School and serves all people in the community for both primary care as well as same-day walk-in acute services. Alessandra "Ali" Bullis is a skilled Family Nurse Practitioner who is also a primary health care provider. All students can be seen in the CCV MHC; they must be seen with their parent/guardian for the first visit of the year and may then be seen for the remainder of the school year without a parent being present. Most insurance is accepted. Please feel free to make an appointment today for all of your child's health care needs and their annual Well Child Checks/Physicals. Call 719-776-4310 to make an appointment.